# **Drowning in Debt?** Reach Out!



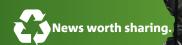
**JOEL PLASKETT AND** THE EMERGENCY **ROCK OUT TONIGHT** FLASHMOB STYLE {page 3}



**GRAMMYS GAGA EGGS IT, ARCADE FIRE GLOWS** SCENE (page 8)

**HALIFAX** netra

Monday, February 14, 2011 www.metronews.ca



Games take off First weekend of Canada Winter Games now complete (see pages 2, 16 and 17)



Ontario's Evan McEachran gets some big air on the halfpipe at Ski Wentworth yesterday. McEachran finished th place at the Canada Games freestyle ski halfpipe competition while Alberta's Aaron MacKay took first place. Valentine's Day

# Ain't love grand...

♦ Why not to find romance at the water cooler {page 14}

- Thoughtful last-minute gift ideas so you don't end up in the dog house {page 12}
- White House keeps the romance alive {page 5} Go ahead, sleep alone {page 12}

# **Divorce** no real surprise

Why Ashlee Simpson and Pete Wentz couldn't make it work {page 10}



# The end of an era in Egypt

President Mubarak is out. So what now? {page 4}

# **Mooseheads** stuck in a rut

Team tries to shake off another losing streak (page 15)



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On the web at metronews.ca



What's in a name? An awful lot when you're trying to crack the music biz. More at metronews.ca/ backbeat





# Skaters smash records on oval

Nova Scotia has three athletes competing in long-track speedskating Seven out of 10 members of Canada's world junior team are taking part in these games • Oval action continues today, wraps up by midweek



Quebec's Noemie Fiset, foreground, races Ontario's Emily Rendell-Watson in the women's 100-metre speedskating event on the Canada Games Oval on Saturday.



That's some fast ice.

At least 10 speedskaters broke Canada Games records right off the bat Saturday as competition began in long-track speed-skating on the Canada Games Oval.

More records fell yesterday, with new marks being set in each of the four events that took to the ice on the Halifax Common. "On the men's 500 me-

tres in the first round, the top five skaters broke the existing Canada Games record - as well as the

# "It seems to be a good crowd. It's not overly packed. There's not too much more room to put more people."

SPECTATOR JAMES BROWN

women's 1,000 metres, the top five skaters also broke the record," Peggy Poole, the spokeswoman for Speedskating Canada, said about Saturday's early results.

Laurent Onebec's Dubreuil broke a record in the first 500-m race on Saturday morning, then broke it again in the second 500-m race that same afternoon.

"It's really good and very fast," Nova Scotia speedskater Lindsay Devison said of the oval, a surface used by tens of thousands of HRM residents during public skates leading up to the Games. "It's well groomed and it's really nice.'

It seems more records will fall as action continues today and Wednesday.

"Oh yeah. It's almost a done deal, I think," Poole said.

It wasn't just the athletes enjoying the ice and the nice winter weather over the weekend. Hundreds of spectators came out both yesterday and Saturday.

"I think it's great — I just wish I could skate," HRM resident Margaret Kendall said.

While the oval was ringed with spectators on Saturday, Kendall said she was disappointed it wasn't better attended, especially for a free venue.

James Brown brought along his family to watch an afternoon of speedskat-

ing.
"We haven't been out to the oval and I thought we'd come out and see some of the races," Brown

# **Bedbugs** chase competitors from Games lodging

The bedbugs are back.

About 85 athletes and coaches competing at the Canada Winter Games have been moved from a Tim Hortons children's camp in Tatamagouche because of a reappearance of the

Games CEO Chris Morrissey said yesterday that the bedbugs were found in an unused dorm at the camp in northeastern Nova Scotia, about a 90minute drive from Halifax.

The camp was being used as lodging for freestyle skiers and coaches competing this week at Ski Wentworth.

He said the athletes from eight provinces and territories were staying in other "pods" at the camp and were not affected by the outbreak in the unused dorm

"No evidence of bedbugs was found where the athletes were staying," Morrissey said at a news conference in Hal-

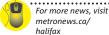
He said the athletes were moved to a military base in Halifax as a precaution and will stay there for the duration of the Games. "We want all athletes to be comfortable and focused on their competition.

Bedbugs were found in the camp in the weeks leading up to the Games, but organizers were confident that a combination of steam cleaning followed by opening the dorms to the freezing cold had eradicated them.

Morrissey said the dorms were being inspected twice a day for any sign of a return "and there was evidence of bedbugs today."

Tim Hortons opened the camp overlooking the Northumberland Strait in 1988 and thousands of children from economically disadvantaged homes have vacationed there over the years

When asked if the bedbug outbreak was embarrassing for the Games, Morissey replied: "It's unfortunate that this situation has happened.' THE CANADIAN PRESS



# **Athlete seriously ill in hospital**

A Manitoba athlete at the Canada Winter Games was in the intensive-care unit of a Halifax hospital with a serious illness late yesterday and organizers were saying little about his condition.

Sonja McVeigh, chief medical officer for the

Games, called it a serious medical condition that is not related to sports and came to light within the past 24 hours.

She said the patient was intubated and being "aggressively treated" at the Halifax Infirmary.

Citing patient confiden-

tiality and the wishes of the parents. Games and Manitoba officials wouldn't disclose the name of the athlete, the sport they were competing in or the nature of the illness

"In speaking to the doctors, yeah, it is serious," said Barry Moroz, Manitoba's team manager.

McVeigh said the illness is non-contagious and poses no risk to other athletes or the public.

She declined to give a direct answer when asked if the athlete's life was in

THE CANADIAN PRESS

# Plaskett to kick off **Games soundtrack**

Free outdoor shows beginning today at Celebration Square Other acts to perform during Canada Games: Sloan, Great Big Sea and Radio, Radio



it outdoors tonight.

"It's going to be a blast," he said of the 7 p.m. show. "People will have to dance to stay warm, and we'll have to do the same.'

The Halifax singer-songwriter, along with his band, the Emergency, is the first act set to tear up the nighttime stage at Celebration Square on the Grand Parade as part of a two-week-long outdoor concert series during the Canada Winter Games.

There will also be noontime shows over the next two weeks.

"I'm looking forward to making some noise down

there for people," Plaskett said by phone yesterday. "It's like we get to be the windup (act).

The musician said he feels he can relate to the those competing in the Canada Games. even though he didn't consider himself much of an athlete growing up.

"In the same way athletes are trained for what they do and bring the creativity to their art, I try and approach music in the same way," he explained.

Canada Games officials want to help add some energy to tonight's show flashmob style.

A dance routine has been created for the crowd to participate in during Plaskett's hit song Nowhere With You. Choreographers

# Gig guide

Celebration Square at Shows begin at 7 p.m.

- Toniaht: Joel Plaskett Emergency w/ Ghettosocks
- Tomorrow: Sloan w/ Grand Dérangement
- Wednesday: Hey Rosetta! w/ the Novaks
- Thursday: Matt Mays w/ Christina Martin
- Friday: Hawksley

have posted an instructional dance video on YouTube that people can consult before going to the show.

Workman w/ Dutch Robin-

- Saturday: Great Big Sea w/ Jeremy Fisher
- Feb. 22: Rawlins Cross w/ The Divorcees
- Feb. 23: Old Man Luedecke w/the Stanfields
- Feb. 24: Buck 65 with w/ Rich Aucoin
- ▶ Feb. 25: Radio Radio w/ Three Sheet
- Feb. 26: City and Colour w/ Amelia Curran

"I'm sure it's going to be even more of a celebra-Plaskett said, referring to the flashmob idea.



# **News in brief**

# Man falls from ladder at work

PICTOU. An accident at a construction site in Pictou sent one man to hospital over the weekend with undetermined injuries.

The man was working at the site of a new senior's complex shortly after 4 p.m. when he fell roughly three metres off of a ladder.

The 59-year-old from Antigonish landed headfirst on the concrete floor. His co-workers provided immediate attention

prior to paramedics arriv-

ing.
RCMP have investigated the incident, and are turning the matter over to Labour Department investigators.

THE CANADIAN PRESS

# **Daylong** standoff ends

MULGRAVE. A standoff that closed down part of a small community in northern Nova Scotia has ended peacefully almost 24 hours after it began.

Police say they got a call Thursday night about a 47-year-old man who had been drinking and was in possession of a gun in Mulgrave.

The man surrendered to police on Friday at 9

An emergency shelter was set up for about 40 people who weren't allowed to return to their homes because they were inside a security perimeter set up by police.
The Red Cross brought

in cots, blankets and personal-care kits for those people who were not allowed into their homes. THE CANADIAN PRESS

# **Teenagers due in court**

Court dates have been set for two teenage males in connection with an assault and robbery in Dartmouth over the weekend.

Halifax Regional Police say that at about 9:15 p.m. on Saturday police re-ceived a report that a man had been assaulted on Shubie Drive.

According to police, the

# No one hurt

The victim was uninjured during the alleged

victim was attacked from behind by two men, who beat the victim before fleeing with his glasses.

The suspects were ap-

prehended a short distance away.

A 19-year old Indian Brook man is scheduled to appear in Halifax provincial court today on robbery charges.

A 17-year old Millbrook youth is set to appear in Halifax youth court at a later date.



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# News in brief



# Yemen faces pro-reform demonstrators

DAY 3. Yemeni police armed with sticks and daggers beat back thousands of protesters marching through the capital in a third straight day of demonstrations calling for political reforms and the resignation of the country's U.S.allied president.

The protests have mushroomed since crowds gathered Friday

**Emirates exile?** 

to celebrate the ouster of Egyptian President Hosni Mubarak after an 18-day revolt fuelled by similar grievances.

THE ASSOCIATED PRESS

# Bahrain clamps down on marchers

SOCIAL MEDIA. Bahrain's security forces set up checkpoints and clashed with marchers in at least one village yesterday as opposition groups blanketed social-media sites with calls to stage the first major antigovernment protests in the Gulf since the uprising in Egypt.

# Algerians plan another protest

PEACEFUL RALLY. The organizers of a proreform protest that brought thousands of Algerians on to the streets of the capital over the weekend called yesterday for another rally next week.

THE ASSOCIATED PRESS



# Antiquities lost in looting of museum

None of missing items is from Egyptian Museum's stunning Valley of the Kings attraction

# Al Sa Eg mm th da th of Al th h Tri in mm tra

For political figures in exile, the United Arab Emirates has been a luxury refuge. There is no shortage of speculation that Egypt's Hosni Mubarak could join the list.

- ► The Dubai-based network Al-Arabiya reported Saturday that the former Egyptian president was making plans to head to the Emirates. A Kuwait daily, Al-Qabas, said Friday that UAE officials have offered Mubarak haven in Al Ain, a desert city near the Omani border.
- The roster of Emirate exiles includes former Thai prime minister Thaksin Shinawatra, the late Pakistani expremier Benazir Bhutto and a turncoat Chechen warlord gunned down by a killer with a gold-plated pistol.
- A possible offer to host Mubarak comes with risks attached for the tightly controlled Emirates.

A full inventory of the Egyptian Museum has found that looters escaped with 18 items during the anti-government unrest, including two gilded wooden statues of famed boy king Tutankhamun, the antiquities chief said yesterday.

The 18-day uprising that forced out President Hosni Mubarak took place in the areas around the museum, on the edge of Cairo's Tahrir Square. On Jan. 28, as protesters clashed with police early on in the turmoil and burned down the adjacent headquarters of Mubarak's ruling party, a

"We have the boat and the legs of the (boy) king, but we are missing other parts of the body. We are looking everywhere for them."

TAREK EL-AWADY, MUSEUM DIRECTOR

handful of looters climbed a fire escape to the museum roof and lowered themselves on ropes from a glass-panelled ceiling on to the museum's top floor.

Some 70 objects — many of them small statues —

were damaged, but until yesterday's announcement it was not known whether anything was missing.

Antiquities Minister Zahi Hawass said the museum's database department determined 18 objects were gone. Investigators searching for the thieves were questioning dozens of people arrested over several days after last month's break-in.

The most important of the missing objects is a limestone statue of Pharaoh Akhenaten standing and holding an offering table. THE ASSOCIATED PRESS

# Mubarak filched nation's wealth: Critics

Britain is under pressure to trace and freeze the assets of deposed Egyptian president Hosni Mubarak.

Mubarak's family has strong links to the United Kingdom and Mubarak's son Gamal once ran a London-based investment firm that may have helped house some of the family's fortune.

Last week, authorities moved to freeze suspected Mubarak assets in Switzerland, but Britain has held off on any similar move.

Mubarak's worth remains a mystery. A recent claim that he and his sons Gamal and Alaa may have amassed a fortune of up to \$70 billion — greater than that of Microsoft's Bill Gates — helped drive the protests that eventually brought him down.

Gates — helped drive the protests that eventually brought him down.

"Oh, Mubarak, tell us where you got 70 billion dollars!" protesters chanted in demonstrations before Egypt's ruler of 30 years was driven from office Friday, and left Cairo for a gated compound in the Red Sea resort of Sharm el-Sheikh.

Corruption was endemic in Mubarak's Egypt, where 40 per cent of the country's 80 million people live on \$2 or less a day, and critics accused officials of usurping the nation's wealth. Egyptians have long complained of an unspoken policy of sweetheart deals that allowed top officials and businessmen to enrich themselves.

THE ASSOCIATED PRESS



VALENTINE'S DAY

# Gifts can help fair

Buy your sweetheart a fair trade gift for Valentine's Day to show them how you feel and avoid the crass commercialism of what, for many, has become a greeting card holiday, says the Ottawa chapter of Engineers Without Borders (EWB). "There's a bit or a

backlash around Valentine's Day and this is one way of reclaiming it," said EWB member Sarah Button. "Maybe you can use it to help a bigger

cause."
While fair trade coffee commonplace, less wellknown are fair trade chocolate, wine and flowers — staple gifts of Valentine's Day. Button says fair trade flower, chocolate and wine firms give workers a greater share income from sales.

SEAN MCKIBBON

# Women protest Berlusconi

More than 100,000 Italian women and their supporters turned out across the country to protest against Prime Minister Silvio Berlusconi, saying his alliances with young women humiliate and degrade female dignity, but Berlusconi's backers dismissed the protests as strictly political. THE ASSOCIATED PRESS

# Canines get new life in Canada

Adoptions begin today for the first group of about 60 small chihuahuas and terriers that were airlifted from southern California to Edmonton, after Edmonton businesswoman Janet Folk organized the flight on a private jet she has access

to through her business

connections.

# PM wins tug of war over aircraft

Prime Minister Stephen Harper has been locked in a lengthy tug of war with his defence minister over the future of the military's VIP Airbus, newly disclosed documents show. Peter MacKay has repeatedly re-jected requests from the prime minister's staff to have the Airbus painted a civilian white and red instead of its current military grey. MacKay and senior officers argue that the white colour scheme would be too visible whenever the passenger jet is sent on troop and cargo missions to risky locales, as happens

5The air force owns transports, one of which is configured on the inside for VIPs.

now when the aircraft is not needed by the prime minister or the Governor General. Senior govern-ment officials say no final decision has been made. But internal emails indicate the Privy Council Office in fact ordered the military last September to arrange for the new paint job at the next scheduled maintenance. THE CANADIAN PRESS

# White House keeps the romance alive



Obamas don't fuss too much over a day that's about celebrating love

Here's Michelle Obama's advice for couples this Valentine's Day: Laugh with your partner.

She says it's what she and U.S. President Barack Obama do, and it seems to be working. Their marriage, although tested throughout the years by his political ambitions - for the Illinois Senate, the U.S. Senate and later the presidency - is going on 19

"I think a lot of laughing," she said at a White House luncheon with reporters who asked about the Obamas' union. "I think in our house we don't take ourselves too seriously, and laughter is the best form of

unity, I think, in a marriage.
"So we still find ways to have fun together, and a lot of it is private and personal. But we keep each other smiling and that's good," she added. It also helps that Obama is "very romantic."

"He remembers dates, birthdays," Mrs. Obama

"Got to keep the romance alive, even in the White House."

MICHELLE OBAMA

said last week on Live! With Regis And Kelly. He doesn't forget a thing, even when I think he did. I'll have a little attitude. I give him a little attitude, but he always comes through."

As for Valentine's Day today, Michelle Obama said her husband would do right by giving her jewelry. "You can't go wrong," she said. Last year, the Obamas spent Valentine's Day at the

Camp David presidential retreat in Maryland.

In 2009, their first year in the White House, they went home to Chicago and enjoyed a quiet dinner at Table 52, a traditional Southern restaurant owned by Art Smith, the former chef of Obama pal Oprah

THE ASSOCIATED PRESS

# Feds try to clean up Canada's dry cleaners



The federal government's No. 1 hunting ground for environmental offenders isn't deep in the mists of the boreal forest — it's in the back rooms of Canada's neighbourhood dry cleaners. The pursuit of violations linked to a toxic chemical commonly used in dry cleaning machines now makes up nearly one-quarter of all inspections by Environment Canada enforcement officers. In just a few years, the number of inspections to sniff out offences related to

2023 California has begun phasing out the toxic chemical and a statewide ban will come into effect in

handling perchloroethylene - sometimes called tetrachloroethylene PERC — has more than doubled. Environment Environment Canada warns that human exposure to high concentrations of PERC can inflict a host of health issues, including eve irritation,

memory loss and even liver and kidney damage.

The department says PERC primarily enters the environment through the atmosphere, where it can damage plants, but it can also find its way into water systems, putting aquatic creatures at risk.

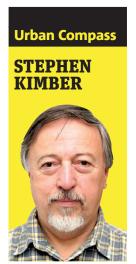
Between 2005-06 and 2008-09, Environment Canada conducted more inspections for PERC than anything else. The sub-stance remains legal in Canada.

THE CANADIAN PRESS



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# SOME PROGRAMS CAN'T BE QUANTIFIED



Education Minister Ramona Jennex's this-really-is-goodnews-considering announcement that she will cut school funding by "just" two per cent next year masks a truth she dismissed outright last week.

ased on this budget."
Jennex declared, "a child in a classroom should see no difference in ... the education they receive."

My experience suggests otherwise.

That's not to minimize Jennex's achievement in whittling costs in a system where the number of students continues to decline while expenses escalate.

The province's initial whatwere-they-thinking request to school boards to figure out how

to cut 22 per cent from their budgets over three years certainly concentrated public attention, making these cuts more politically palatable.

In the end, most reductions — 15 per cent carved out of administrative;

50 per cent lopped off "consultant's" budgets — rightly recognize the classroom as the central education funding focus.

But Jennex eliminated at least one clearly educational-if-notclassroom program — Reading Recovery — she claimed is not efficient enough to justify its \$7-million price tag.

It was efficient enough — essential — for my youngest son.

"But Jennex

eliminated

at least

one clearly

educational-if-

not-classroom

program ..."

As a five-yearold, Michael had no interest in mastering the mysteries of the alphabet, much less figuring out how to put letters together to form words, sentences, stories. He didn't need to know how to read, he told his

mother. He was going to be an actor. Logic was not his strong suit

By the end of primary, he had fallen behind — just as school became more challenging. It was a recipe for frustration, failure.

A day to show your love

Enter Reading Recovery.

During Grade 1, Michael spent a few minutes each day with his school's Reading Recovery specialist. I have no idea how it worked, but the results were magical. By the end of that year, Michael was not only reading at his grade level, he was a reader.

As a teenager, in fact, Michael became notorious along Quinpool Road for reading while walking. Today, he is 26 and a writer, too — a very good one, if I say so myself — with a literary agent, a book proposal and, we hope, a professional future.

hope, a professional future. Reading Recovery set him on that path.

Jennex may be right to suggest it can be replaced with another initiative that will help more children at less cost.

I hope so.

But every cut has its cost.

# THE CANADIAN CLIMATE IS HARSH.PEOPLE IN THIS COUNTRY GET A RAW DEAL.

# Letters & Tweets

Today is the big day! Are you headed to work with a contented glow of somebody in love? Or are you rocking the sourpuss of one who has nothing but contempt for all these forced gestures of romance? Whichever it is, we went to the readers to assure you that you're not alone.

@shirisdancing: So what if u don't have a valentine? Love is selfless, tell someone YOU love that u love THEM. That's what it's all about.

@xbrav: It is a day to remember what is truly important to you. If you hate it, you regret not pursuing love! Show some love. @darealapplemac: I'm



apathetic on Valentine's Day. It's amusing to watch both sides flail their arms arguing their side, especially in tweets.

@mikeperse: I'm pro Valentine's Day now. But when I was single I wanted to strangle Cupid:-)

**@cyrusrayne:** I'm anti-Valentine's because it seems like forced sentiment that should be there every day.

@thetaoofken: Pro-Valentine's Day, 4 camp/fun side of it, & cinnamon hearts. I need something 2 hold me over 4 the next round of candy corn.

**@diegirl:** We love it! It's one of our favourite celebrations! It's celebrating love whether it's a partner, kids, family, it's all about love.

If it was your choice, who would get the best album Grammy?

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Advertising: 902-421-5824 • halifax\_advertising@metronews.ca

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# Metro Minute at Zidane exhibit

If you are a fan of France soccer superstar Zinedine Zidane, then this is not to be missed. Saint Mary's University Art Gallery is hosting Zidane: A 21st Century Portrait through to the end of the Canada Winter Games on Feb. 27.

Winter Games on Feb. 27. Video artists Douglas Gordon and Philippe Parreno examine what a media release calls "the cult of celebrity and new forms of portraiture" with this large-scale video installation of Zidane.

The video was filmed in real time during an April 2005 championship match between Real Madrid, whom Zidane played for, and Villarreal.

Visit smuartgallery.ca for further details.

● METRO



# **Economy not** all doom and gloom: Analyst

Some experts go out on a limb and forecast higher GDP than prevailing view • Job numbers could perk up

mists see Canada experiencing modest growth this year, with little improvement in the job rate. That's the widely held view of the International Monetary Fund, the Bank of Canada and most private-sector economists. But it's not the universal opinion.

A few analysts believe Canadians will have a much better year than most think. The Royal Bank, Merrill Lynch Canada and others make the case for a much stronger economy in the next few years. If true, it would change the prevailing assumptions on

everything from jobs and interest rates to government deficits.

"Rose-coloured or clearer vision?" Royal Bank economists recently asked of their top-of-class forecast that Canada's gross domestic product will grow by a relatively robust 3.2 per cent this year. That would translate into the creation of 324,000 jobs, about 100,000 more than many others think likely.

Contrast that with the Bank of Canada, which forecasts growth of 2.4 per cent, and other analysts who predict an even more modest 1.8 per cent.

The percentage of **GDP** growth predicted by RBC economists for the coming year.

Despite the gap, economists see the future unfolding pretty much in the same way. Canadian housing will slow, tapped-out consumers will play a minor role in supporting output and government spending will turn negative as stimulus is phased

THE CANADIAN PRESS

# A taxing

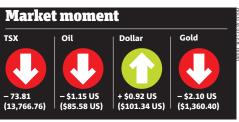
A single word on the Canada Revenue Agency website left 72,000 people with unexpected tax notices last vear. Bureaucrats used the phrase "excess" contributions to describe when someone puts too much money into their taxfree savings account. But Canadians typed "over-contribution" into Google, a phrase not recognized on the CRA site. As a result many did not know all the rules before they filed returns. THE CANADIAN PRESS





# Transformers vs. Lego

Hasbro Inc., the No. 2 U.S. toymaker, is entering the lucrative building-block fray with a new line called Kre-O that's compatible with Lego and Mega Bloks.





# Happy Valentine's Day

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Scene in brief

scene



Adam Sandler and Jennifer Aniston are America's box-of-fice sweethearts, but Justin Bieber is the valentine for teen fans. The Valentine's Day weekend was a close one as Sandler and Aniston's roman-tic comedy Just Go With It debuted with \$31 million.

That was just ahead of the concert documentary Justin Bieber: Never Say Never, which opened a close second with \$30.3 million The teen pop idol's flick exceeded industry expectations and nearly matched the \$31.1 million opening of 2008's Hannah Montana & Miley Cyrus: Best of Both Worlds Concert, the record-holder for musicdocumentary THE ASSOCIATED PRESS





# Arcade Fire pulls off Grammy upset

Montreal rock band claims album of the year Country trio Lady Antebellum wins five awards Neil Young takes home his first Grammy

Montreal-based rockers Arcade Fire pulled off a Grammy shocker yesterday night, winning the album of the year trophy for The Suburbs.

The band thanked their home city before taking the stage to close out the

Arcade Fire was nominated for three Grammys overall but lost their two other bids.

Lady Antebellum had the biggest Grammy tally of the night with five trophies, but it was a night of upsets.

Canada's Justin Bieber and Drake, competing against each other in the best new artist category, were beat out by jazz singer Esperanza Spalding. While, Neil Young finally won a Grammy for his mu-

Lady Gaga swore on live TV, David Letterman provided laughs with a Top 10 list that poked jabs many in attendance (and suggested that Rieber wears a hair piece) and Aretha Franklin was one of a series of legacy artists



who was honoured with a heartfelt tribute.

Lady Antebellum claimed song of the year and record of the year and three others to reach five, while Gaga was among a group who claimed three awards.

"This past year has completely changed our life and we love you all so much, thank you," said lead singer Hillary Scott, her voice cracking.

The 65-year-old Young - a three time nominee this year - had never won a Grammy during his '60s and '70s heyday, and only in recent years claimed an award for the packaging of his Archives set. He won Sunday for best rock song for Angry World.

"Thank you everybody, thank you to the Grammys and all the people who, y'know, are part of that," said Young. THE CANADIAN PRESS



# Winners

Early winners in selected major categories at vesterday's 53rd Annual **Grammy Awards:** 

- Album of the Year: The
- Suburbs, Arcade Fire Record of the Year: Need
- You Now, Lady Antebellum
- Song of the Year: Need You Now, Lady Antebellum
- Best New Artist: Esperan-
- za Spalding
  Pop Vocal Album: The
- Fame Monster, Lady Gaga Rock Album: The
- Resistance, Muse
- Rap Album: Recovery, Em-
- R&B Album: Wake up! John Legend & The Roots
- Alternative Music Album:
- Brothers, The Black Keys
- Country Album: Need You Now, Lady Antebellum
- Female Pop Vocal Performance: Bad Romance, Lady Gaga
- Male Pop Vocal Performance: Just The Way You Are. Bruno Mars
- Rock Song: Angry World, Neil Young
- Rap Solo Performance: Not Afraid Eminem
- Rap Song: Empire State of Mind, Jay-Z and Alicia

# Big Momma's back for Part 3

Darandon T. Jackson joins Martin Lawrence in drag



Say what you will about Friday's release of Big Mommas: Like Father, Like Son — the third installment in the film franchise that features Martin Lawrence as a federal agent disguised as an old lady — it's found a place in Hollywood's history of cross-dressing comedies.

"Martin was able to make Big Momma so real and relatable," said director John Whitesell (who also directed Big Momma's House 2). "We all have a Big Momma in our life and I think that really struck me."

In this latest version however, Lawrence isn't flying solo. When his stepson (Tropic Thunder's Brandon T. Jackson) witnesses a murder, the pair both go undercover in lady's undergarments.

"I think it's kind of funny that you always know it's a guy under there," said Jackson of the movies' secret to success. "That's what makes it so funny."

While Whitesell agrees on the comedic potential, the director was initially reluctant to attempt a third chapter.

"By bringing Brandon undercover and in drag, you kind of get a two-han-



"I love people. As actors, you've got to be so detached and go off into this land of Who knows where we are. I like to listen to what people got to say about life."

BRANDON T. JACKSON ON WHY HE'LL NEVER OUIT STAND-UE COMEDY

der," explained Whitesell.
"By now having a partner
undercover, we opened up
a lot more possibilities
comedically and made it

fresh and more relatable for a younger audience."

Whitesell admits there was no better choice than Jackson as well. In fact, the filmmaker is first to admit he cast the popular standup comedian at the perfect time.

"He's going to be (a big star)," proclaimed Whitesell. "But he does so many different things, I think its hard to pigeonhole him into one and that may be part of the reason he's taking a little longer to be as big as I think he's going to be."



# In the past

Other Hollywood crossdressers

- Some Like it Hot (1959) Jack Lemmon and Tony Curtis go incognito to avoid the mob.
- Tootsie (1982) Out-of-work actor Dustin Hoffman tries his luck as a lady.
- Mrs. Doubtfire (1993)
   Robin Williams dons the disguise of a British nanny.

   Victor Victoria (1982)
- Victor Victoria (1982) Julie Andrews impersonates a male female impersonator. Follow that?





# Divorce no real surprise

• After marrying young, having a kid young, split comes as no shock

The divorce between Ashlee Simpson and Pete Wentz is completely understandable, according to People magazine.

"It was honestly a classic case of marrying young, having a kid young and growing apart over the years," a source tells the magazine. Simpson may also have felt overwhelmed by her parental du-

ties and the ef-

fect it had

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"It was honestly a classic case of marrying young, having a kid young and growing apart over the years."

on her career.

"Ashlee was the one with Bronx a

that's a lot,

that's a lot," the loves being a performer source says.

"Ashlee loves back to that." METRO





Strange proposal

David Foster and his new fiancee Yolanda Hadid certainly don't have a typical story about their holiday proposal.

"Strangely enough, we got engaged Yolanda's husband's house because where we met,' Foster said Friday as he and his new mate arrived on the red carpet at a Musi-Cares benefit in hon-Barbra our of Streisand.

Didn't Hadid's ex mind that he was proposing? "He introduced us," Fos-

ter replied with a smile.

The 15-time Grammy winner has been married three times previously. He has five children from his

previous marriages, the

most recent of which to actress and former

queen Linda Thompson ended in 2005. Hadid, a Dutch model, has three children from

beauty

her marriage to real estate developer Mohamed Hadid.

Foster says the couple is "loosely" planning on getting married on Nov. 11, which, given the year, would be 11/11/11.

METRO



# Lohan looking to walk

Despite her continued problems with the law, Lindsay Lohan could still avoid spending any time in jail, experts tell People magazine.

"This is far from a slam-dunk case," defense attorney Steve Sitkoff tells the magazine of Lohan's recent felony charge for "This is far from a slam-dunk case."

allegedly stealing a \$2,500 necklace.

Sitkoff says all Lohan's lawyer will need to do is "convince one juror it was an innocent misunderstanding, and she could wall."

METRO



# Talking points

# Jake being linked to Mulligan

PEOPLE Jake Gyllenhaal has sources speculating that he's getting sweet on Oscar-nominated actress Carey Mulligan. Gyllenhaal reportedly took Mulligan all the way to Tennessee to see British band Mumford & Sons perform.

After checking out the show, the pair then reportedly joined the band for dinner at Nashville's City House restaurant.

METRO

# Playboy guests fall ill

PEOPLE Health officials on Saturday were investigating complaints of respiratory illnesses that a media report said affected dozens of people after a fundraiser at the Playboy Mansion in Los Angeles that was part of a larger conference. The Department of Public Health issued a statement Saturday saying only that it was investigating a suspected respiratory infection outbreak among atten-

METRO





# Foxx fight spills out into street

Usher concert disrupted as Jamie scraps with his former management

A scuffle reportedly involving Jamie Foxx disrupted a performance by Usher at a crowed L.A. nightclub over the weekend, according to Radar Online.

The Oscar-winning actor was reportedly having an argument with a former manager that turned physical and "spilled to the outside area," a source says.

"After some cops ap-

"I don't know what the guy said to Jamie Foxx, but he was really pissed."

proached, both men seemed to make-up with one another before they left.

Foxx reportedly then left with a scowl on his face.

"I don't know what the guy said to Jamie Foxx, but he was really pissed," the source says.

METRO

# **Celebrity tweets**



Lindsay Lohan [Alindsaylohan] I pray Egypt maintains it's treaty with

Israel and sets the trend for its neighbors to create peace with Israel and the entire region



Arnold Schwarzenegger I@SCHWA-RZENEG-GER]

Exciting news. My friends at CAA have been asking me for 7 years when they can take offers seriously. Gave them the green light



McHale [@joelmchale] For five bucks. Chevv Chase will

perform the entire "Candygram" routine with the family member of your



When I really stop and think about it I realize I've only enjoyed four sandwiches in my life.

METRO

# **Banton's trafficking** trial set to kick off

Buju Banton checked out some cocaine, put some on his finger and tasted it all of it caught on law enforcement video inside a Florida warehouse.

Now he has another chance to explain why he did what he did.

The Grammy-nominated singer's second trial is scheduled to begin Monday with jury selection, five months after a previous jury hung on federal drug trafficking charges that could put him in prison for life.

Banton, whose real Mark Myrie, name is claims he was entrapped by a confidential inform-



ant and got in over his head while trying to impress the man, who implied he could help Banton's music ca-

The U.S. government says Banton conspired with two associates to buy a shipment of cocaine from an undercover of-

The two other men pleaded guilty and agreed co-operate to with investigators.

Their sentencing hearings are scheduled to start some time next month.

Billy not angered by Elton

Elton John may hav given Bilhave ly Joel some "tough love" in his recent Rolling Stone interview. suggesting Joel needs help ad-dressing his alcohol problem, but Ioel isn't mad at his British friend.

"I've enjoyed our relationship too much to let these comments change my affection for him," Joel says in a state-

something as random as

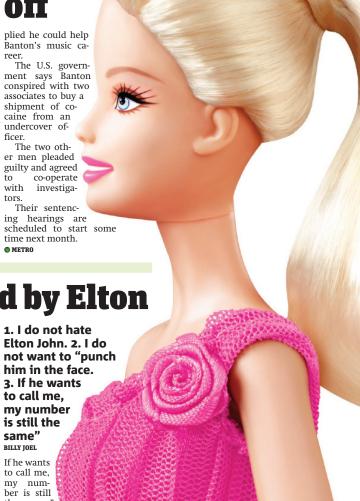
ment. He goes on to list his thoughts on the matter: 1. I do not hate Elton

John. 2. I do not want to

'punch him in the face.' 3.

Elton John. 2. I do not want to "punch him in the face. 3. If he wants to call me, my number is still the same" BILLY JOEL If he wants

to call me, my number is still the same.



# life



Quick love fix

Forgot about Valentine's Day? If so, here are some thoughtful lastminute ideas.

# Love letter

Express your love with a handwritten letter. Then have it framed.

## **Photo collage** Create a collage of

Create a collage of your favourite moments together.

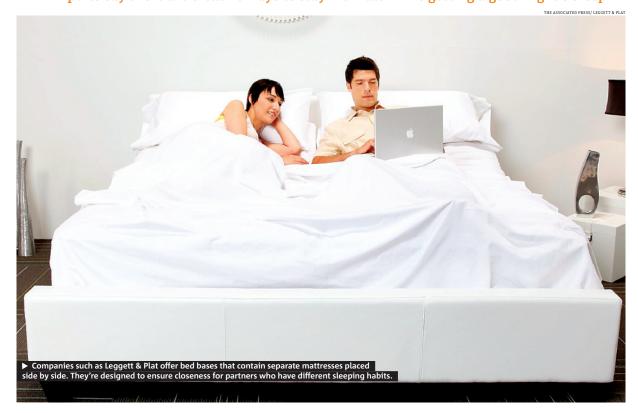
### **Balloon bouquet** Fill clear balloons

Fill clear balloons with candles, love notes and trinkets.

# Snack basket

Put together your sweetie's favourite salty and sweet snacks. NEWS CANADA

# ◆ Is it possible that separate mattresses or blankets can make you and your partner closer? ◆ Experts say there are creative ways to stay intimate while getting a good night's sleep



# To share or not to share a bed?

What do you do if your lover snores or twitches? What if he or she likes the blankets tucked in and you don't? These types of habits that keep people awake are more common than you may think.

The Better Sleep Council, funded by the mattress industry, surveyed 1,000 Americans in 2007 and found one in three say their partner's sleep habits affect their own sleep.

But, say designers and therapists, there are plenty of creative solutions to such problems.

"I'm a hopeless romantic," says Christopher Grubb a designer from Beverly Hills, Calif., who "We like the time we spend together as a family before going to bed. It's special." LETA HAMILITON,

WHOSE HUSBAND SLEEPS ON THE FLOOR OF THEIR BEDROOM BECAUSE HE PREFERS A HARD SURFACE.

likes helping clients enjoy sleeping in the same room.

Snoring, he says, is a common problem among his clients, and one found relief with an anti-snoring pillow from Sona, one of several companies that offer pillows designed to help prevent snoring by keeping the airway open.

Grubb also suggests

sheets with a high thread count to maximize comfort, a mid-weight comforter to balance different temperature preferences, and beds that cater to partners' different needs.

Sometimes that can mean two mattresses placed side by side.

For example, Leggett & Platt offers a bed base called the Prodigy. Imagine two hospital beds side by side, each of which can be raised and lowered independently, plus a massage feature that can be used as a silent alarm in the morning. Each partner has a separate mattress and can choose firmness.

Going to this extra ef-

fort is worth it, says Tina B. Tessina, a psychotherapist who blogs as Dr. Romance.

"Sleeping apart can contribute to the disconnect that plagues many relationships. It just makes it easier to avoid each other, when what's really needed is connection and contact," Tessina said.

Barbara Bartlein, a clinical psychotherapist in Milwaukee, Wis., said that sleep is important but so is the connection from sleeping together.

"The key is you must also take the time for physical closeness and intimacy.

"Many couples start the night together and then move apart if one person is

# The bed debate

Learn more about separate beds online.

- National Sleep Foundation: sleepfoundation.org
- Leggett & Platt: lpcpg.com/products/foundations
- Dr. Romance blog: drromance.typepad.com/ dr-romance-blog/

moving, snoring, etc.

"One of the advantages of sleeping together is you have the opportunity for bedroom talk."

THE ASSOCIATED PRESS

# A vintage spin on weddings

As aficionados of antiques and '50s fashion, Elise and Kevin Woodall knew they wanted their wedding to have a vintage flavour.

While planning, Elise visited a Calgary bridal fair and saw images that didn't jibe with her vision.

"They had mockups of tables and decorations, and it was all shiny organza and taffeta and just not my style," she recalled.

Elise, 24, and Kevin, 25, went on the hunt for vin-

tage items, paying visits every few weekends to Nanton, Alta., south of Calgary, to comb through the latest arrivals at various antique and thrift stores.

Catherine Lash, creative director of The Wedding Co., said incorporating vintage could include drawing on new discoveries or preexisting family treasures.

"It's sort of an overall look to a wedding but I think it's also a way to bring in an heirloom if you can," said Lash.

For brides, having a wrapped bouquet with a vintage brooch or wearing one is a way to help feel good about tapping into that tradition, she noted

that tradition, she noted.
"Even if it's a vintage
piece that didn't belong to
you, there's just history."

There are options for couples seeking to add a dose of vintage but perhaps without the time to seek out items themselves.



Selena Hazlitt, owner of Hazlitt Vintage Rentals located near Goderich, Ont., offes one-of-a-kind items and props, including furni-

ture and accessories, for rent by couples for weddings, or for photo shoots and other events.

THE CANADIAN PRESS



# Bake a surprise to melt No-Bake Breakfast Cookies your lover's heart

This chocolate caramel cookie is the sweetest Valentine's Day treat



# DINNFR **EXPRESS**

# EMILY RICHARDS

FOOD@METRONEWS.CA



Bake some tasty treats for your special Valentine. They contain

caramel surprise that will make you want to keep the recipe handy to bake more during the year.

# Preparation:

In a large bowl, beat softened butter until

# **Inaredients:**

- 1 cup (250 mL) butter
- 1 cup (250 mL) brown sugar • 1/2 cup (125 mL) sugar
- 2 eggs
- 1 tbsp (15 mL) vanilla
- 3 cups (750 mL) flour
- 1/2 tsp (2 mL) baking pow-
- 1/2 tsp (2 mL) baking soda
  1/4 tsp (1 mL) salt
- 1 bag (300 g) mini
- chocolate chips • 4 bars (52 g each) caramel
- filled chocolate bars

liaht. Add the brown and granulated sugar and beat until fluffy. Beat in eggs, one at a time until combined Then, beat in vanilla.

- In another bowl, whisk together flour, baking powder, soda and salt. Stir into butter mixture until combined. Add chocolate chips and stir to distribute evenly.
- Break chocolate bars into individual squares; set aside. Using tablespoon, scoop dough into hands; roll into ball. Make a small indentation with finger to insert chocolate square piece and roll again to cover chocolate and form ball. Place on parchment paper lined

baking sheet, about 2 inches (5 cm) apart. Bake in 350 F (180 C) oven for about 12 minutes or until golden.

Let cool for 5 minutes in pan. Remove to cooling rack and let cool. Repeat with remaining dough.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILY-

www.clearwater.ca

Studded with dried cherries, walnuts, dark chocolate and mixed with nutritious rolled oats and wheat germ, these breakfast cookies will be a hit.

# **Ingredients:**

- 250 ml (1 cup) walnut butter (or other nut/seed butter)
- 125 ml (1/2 cup) honey
- 75 ml (1/3 cup) molasses • 625 ml (2 1/2 cups) rolled oats
- 375 ml (1 1/2 cups) walnut pieces, toasted
- 175 ml (3/4 cup) wheat
- 175 ml (3/4 cup) dried cherries, chopped
- 125 ml (1/2 cup) skim milk powder
- 125 ml (1/2 cup) dark chocolate chips
- 2 ml (1/2 tsp) cinnamon
- 2 ml (1/2 tsp) sea salt

# **Preparation:**

Line a baking sheet with parchment paper and set aside

- In a medium bowl, combine walnut butter, honey and molasses. In a large bowl, combine rolled oats, walnuts, wheat germ, dried cherries, skim milk powder, chocolate chips, cinnamon and sea salt. Add molasses and honey mixture to dry ingredients, working everything together until the mixture holds its shape when formed into a ball.
- Take 50 ml (1/4 cup) of the mixture, form into a ball and press onto the baking sheet to flatten into a cookie shape. Repeat the process until you have no remaining mixture.
- Store cookies in an airtight container in the fridge or freezer for optimal freshness. THE CANADIAN PRESS

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# Why not to find romance by the water cooler

• Pursuing a relationship with a co-worker might seem like a fun adventure, but you could be risking more than your heart by doing so





Better to have loved and lost than to have never loved at all. But if you love at work, you could lose it all: your job, your colleagues, your reputation, your career. Like all enclosed social settings, the workplace can steam up into an irresistible incubator of amour fou, and career counsellors say as many as half of us are someday destined to catch a gulp of Love Potion No. 9 at the company coffee pot. But not all love stories come with a happy epilogue, and before

> Turning Point TERESA

How do you deal with

change and the turning

you fall head over high heels for that workmateslash-soulmate, take one last, sober look at where you're tumbling from.

"Think about all the things that you want to be in your career," warns Courtnery Anderson, a workplace relationship expert. "And ask yourself how being perceived as someone who is more interested in romance than finance is going to help."

It may help your col-leagues spice-ify the drudgery of office routine.

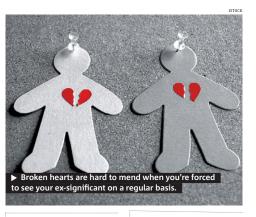
"People love when co-

workers date in the office. It gives them something to talk about," author Helaine Olen of Office Mate notes. 'What people worry about is the possibility that you'll have a break-up.

Or the possibility that

you'll have a one-up.
"People become jealous,"
Anderson adds. "And not because they want to date your boyfriend, but because they're coming to work early and doing 100 little tasks and you don't really have to do that anymore because look who you're dating."

Every leap of the heart comes with a hundred risks, but if you're already smitten, it's likely already too late



# Making a move

There are less awkward locales than the office to swing for singles - like a public execution, maybe.

Outside of that the realm of terse emails and coldfaced professionalism may be the planet's most stifling, rejection-fraught place to proposition a

"If you're going to ask someone in the office on a date, make sure you ask them outside the office. Don't just walk up to the desk and ask them out," Olen cautions. "If you can't find a way to ask them out for coffee naturally, that might be a sign that it isn't meant to be."

# **Keeping it secret**

Think you've kept your crush on hush? Chances are, you're puppy love is already out of the bag.

- "Ninety-nine per cent of people, when they're in love, they're glowing and everyone can see," Anderson points out.
- "If someone asks you point blank, don't deny it, but you don't need to send out an inter-office memo," Olen says, offering a better way to break the news: "Show up as a couple at an after-hours function."
- "If you've decided that the relationship is real, someone needs to transfer," she says. "So that you're both respected.





71013 THEE OUNGE com





Emilie has changed her country, her culture, and her career – three times.

She moved from her native France to Canada when her husband started a new job. She went from teaching to working as an environmental scientist in Vancouver.

Then looking for something different, she changed her career once again when she decided to become a Doula.

A Doula provides support to new mothers in the delivery room. Emilie finds running her own business brought many challenges but the rewards have been

"You can't wait for people to come to you. You have to network and ask people how they did things.

Emilie's getting ready to change her life once

She's going to be a new mother in June. But when it comes to starting your own business she has these words of advice. "Don't jump in right away. Build a solid plan that you can follow. And above all, believe in yourself."

# **Doula Facts**

Having a Doula as part of the birth team:

- Decreases the overall caesarean rate by 50% Reduces the length of labour by 25%
- Lessens the request for an epidural by 60%

For more information, visit birthinbalance.ca.



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# **Sports in brief**

# Tigers claw back to post-season

Aus. The Dalhousie Tigers have finally made it back to the Atlantic University Sport men's hockey playoffs.

The Tigers, who last earned a post-season berth in 2004, split a pair of games at Memorial Arena on the weekend to grab the sixth and final spot as the AUS regular season came to a close.

With a 13-15 mark, the Tigers had a threepoint edge on the seventh-place Moncton Aigles Bleus.

The Tigers, who won a national bronze medal the last time they made the playoffs, face the St. Francis Xavier X-Men in the quarterfinals, tentatively scheduled to start Wednesday.

The Saint Mary's Huskies, 18-9-1, finished second and have a bye to the semifinals. • MATTHEW WUEST

# New low for Rainmen

PBL. The Halifax Rainmen tied a franchise low for single-game scoring in Friday's 83-78 road loss to the Saint John Mill Rats.

The Rainmen were a woeful 27-of-86 from the field, including 2-of-19 from three-point range, as they fell to third in the Premier Basketball League at 6-3, a half game behind the Quebec Kebs, 7-3.

Josh Dollard, with 14 points, and Mike Mercer, with 12, were the only two players to crack double figures.

O METF

# Lemieux questions NHL

The NHL intended to deliver a message to its players when it punished the New York Islanders over the weekend. It didn't go far enough for one of the greatest to ever play the game.

Mario Lemieux questioned the direction of the

league in a scathing statement released yesterday, after his team was involved in a fight-filled game with the Islanders on Friday.

"What happened Friday night on Long Island wasn't hockey. It was a travesty. It was painful to watch the game I love turn into a sideshow like that," said Lemieux, the Penguins' co-

On Saturday, Islanders Trevor Gillies and Matt Martin were suspended for nine and four games respectively and the organization was fined \$100,000 US.

It wasn't enough to satisfy Lemieux.

"If the events relating to Friday night reflect the state of the league, I need to rethink whether I want to be a part of it," Lemieux said THE CAMADIAN PRESS

# Herd reeling after tough trip

Stuck in another losing streak despite competitive play over weekend



The Halifax Mooseheads have lost five straight games for the second time in the new year.

The Mooseheads, who muddled through a sevengame losing streak in January, lost all three road games on the weekend, including yesterday's 5-3 setback to the Drummondville Voltigeurs.

The two losing streaks are the Mooseheads' worst of the season and — both included — the Herd has lost 13 of its past 16

lost 13 of its past 16.

"It was a road trip that was just as tough as we thought it would be but really we played good games each night," said Mooseheads head coach Bobby Smith. "We played well in a tough stretch. Playing Drummondville in your third game in 48 hours isn't easy."

The Mooseheads, who also lost 5-3 to the Victoriaville Tigres on Saturday and 4-2 to the Gatineau Olympiques on Friday, opened the scoring yesterday with first-period goals from Martin Frk and Gerrad Grant.

But the fourth-place Voltigeurs responded with five unanswered goals, two before the first period ended and three more in the second, to take over the game.

"With a young team, you can play a good game against a really top team and still not win," Smith said. "That's what's happened a few times in the past five."

Captain Travis Randell had Halifax's other goal at 6:18 of the third. Anthony Terenzio (four goals on 16 shots) and Frederic Piche (one goal on 18 shots) shared time in the crease.

# Sinking feeling

The Mooseheads fell to 17-36-1-2 and are tied for 15th in the QMJHL with the Cape Breton Screaming Eagles, 16-36-1-4.

The Mooseheads visit Cape Breton on Friday at 7 p.m. and host the Val-d'Or Foreurs on Saturday at 4 p.m.



▶ Mooseheads winger Martin Frk had a goal and an assist in yesterday's loss to the Voltigeurs.

sports

Quoted



"It's been quite a month and a half, but an amazing month and a half. I just hope to keep this going."

CANADIAN TENNIS PLAYER
MILOS RAONIC. RAONIC
BECAME THE FIRST
CANADIAN TO WIN AN ATP
TOUR TITLE SINCE 1995 BY
WINNING A HARD-FOUGHT
MATCH YESTERDAY OVER
DEFENDING CHAMPION
FERNANDO VERDASCO 7-6
(6), 7-6 (5) IN THE FINAL OF
THE SAP OPEN.





# **More Games**

# **N.S. weekend standouts**



# KRISTA VEY

Ringette

Lower Sackville's Vey (pictured) and Herring Cove's Taylor Dempsey each had two goals in Nova Scotia's 8-5 win over New Brunswick on Saturday.



### **CHRIS WADE**

Wheelchair basketball

The 19-year-old from Whites Lake knocked down 20 points, including a pair of threepointers, in Nova Scotia's 74-49 loss to Ontario



# **EMMA STEVENS**

Freestyle skiing, half-pipe

The Hilden native posted a 12th-place finish in her first event at the Games. She will compete in aerials and moguls later this



# **COLIN SUTHERLAND**

Freestyle skiing, half-pipe

The Halifax native was the top Nova Scotian male at 13th and is back in action at Ski Wentworth on Wednesday in aerials.

# **Dwyer off** to 2-0 start

Emily Dwyer isn't exactly playing the part of the gracious host at the Mayflower Curling Club so far at the Canada Winter Games.

Dwyer, a Lower Sackville native whose home rink is Mayflower, is off to a 2-0 start after doubling New Brunswick 8-4 yesterday afternoon.

She also got the better of Saskatchewan by the same score on Saturday.

Dwyer's rink features Dartmouth natives Amanda Colter and Lau-ra Kennedy and Halifax's Katrina MacKinnon.

Nova Scotia faces the Northwest Territories today at 2:30 p.m. before closing out the fourgame round robin tomorrow at 10 a.m. against Manitoba. **MATTHEW WUEST** 

# **N.S.** places seventh

ARTISTIC GYMNASTICS. Nova Scotia placed seventh in the women's team event at the Canada Games Centre yesterday. The Bluenose contingent earned a total score of 179 points, a 1.3point edge over New Brunswick.

METRO

# **Canada Games Medal standings**

THRU SUNDAY'S EVENTS

	G	S	В 1	Γot.
QUEBEC	6	6	3	15
ALBERTA	6	4	3	13
B.C.	0	1	1	2
ONTARIO	0	1	1	2
N.S.	0	0	0	(
<ul> <li>All other p</li> </ul>	rovinces	and to	erritori	ies

have yet to win a medal.

# N.S. digs an early hole

Nova Scotia gets first goal of Canada Games after 83 minutes, 39 seconds Record stands at 0-2 in pool with loaded with heavyweights



Scotia's Cole Murphy scores on British Columbia goaltender Jackson Whistle during the second period of yester game at the Metro Centre. B.C. knocked off Nova Scotia 8-3.

Nova Scotia's men's hockey team is struggling to stay afloat in a pool that couldn't get much deeper.

Despite another solid effort and numerous early scoring chances, Nova Scotia fell 8-3 to British Columbia yesterday at the Metro Centre and is now winless in two outings at the Canada Winter Games.

Nova Scotia's pool not only features B.C., a team that has played for a medal at the past two Games, but also Ontario and Quebec, the Games' last two gold medallists.

"We know we have a

hard pool, but we can't do anything about it," said Nova Scotia forward Nathan MacKinnon, who scored his first goal of the Games in the second period. "We can't control that and we just have to battle through it ... We can't make excuses for ourselves by any means.

Nova Scotia, which also lost 5-0 to Ontario on Saturday, was in the mix yesterday early in the second period after Brett McNeil's goal at 3:39 brought them within a goal, trailing 2-1. But B.C. scored four of the next five goals to take a

Checking-from-behind minors handed out in yesterday's game, all resulting in game mis-conducts. Two went to Nova Scotia.

commanding 6-2 lead. "We didn't think it was our strongest game," said Halifax's McNeil. "We didn't come out mentally prepared, we weren't ready for all their stuff."

Although Nova Scotia surrendered just 26 shots to B.C., it took eight minor penalties and surrendered

five power-play goals.

"That all (is prevented by) staying out of the box," said MacKinnon, a Cole Harbour native. "If we did, we would have done way better that game, for

Nova Scotia is back on the ice at the Metro Centre today at 4 p.m. against Quebec, which knocked off Ontario 3-2 in overtime

last night.
"Hopefully we can come out strong and be pretty fired up," MacKinnon said.

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# Track bring more to spo

**○** Local speedskaters far from podium on weekend **○** Future looks bright with presence of oval • Could result in long-term growth of the sport



Nova Scotia has only sporadically sent a long-track speedskating team to the Canada Winter Games, but that could change.

Neill Evans, a Nova Sco-tia short-track coach, said having an oval in Halifax makes a big difference.

"We have sent teams to the Games in the past but because it's so expensive to travel to Quebec with the limited funds we have,

we got away from it," he said. "To have this in our backyard, it's not only a benefit to developing our long-track skaters but short-track well." skaters as

All three of Nova Scotia's long-track speedskaters (Noah Ferguson-Losier. Evan Taras and Lindsay Devison) started out in short track.

"I didn't have enough time to get my times down for short-track. I was offered a chance to try out

for the long-track team and I took it," said Devison, a Hammonds Plains native who took up speedskating seven months ago.

Devison, who posted Nova Scotia's best longtrack finish with a 26thplace result in the 1,000 metres, plans to train in both short- and long-track after the Games. Because of scheduling, athletes can't compete in both long- and short-track at these Games.

Short-track is all about pack-skating and is more technical, whereas longtrack is more of an individual sport and a race against the clock.

Evans said he doesn't mind losing some skaters to the lure of the long-

"The more people we can get involved in speed-skating — whether it's short- or long-track — I think is great overall for the sport," he said. "For our long-track skaters, it gives them an opportunity they didn't short-track.'

# **Events to watch**

# **Today's highlights**



# **ARTISTIC GYMNASTICS**

At Canada Games Centre

The men's team events are being held at 11:40 a.m. and 5:40 p.m.



# **CURLING (WOMEN'S)**

At Mayflower Curling Club
Nova Scotia takes a 2-0 record into today's 2:30 p.m. game against the Northwest



# **HOCKEY (MEN'S)**

At Metro Centre

Nova Scotia, winless at 0-2, plays Quebec at  $4\ p.m.$  as the preliminary round wraps up.



# SPEEDSKATING (LONG-TRACK)

At Canada Games Oval

The men's 5,000-metre medal race goes at 9:30 a.m. and the women's 3.000-metre medal race follows at 11:30 a.m.



# SPEEDSKATING (SHORT-TRACK)

At St. Margarets Centre

Action runs throughout the day starting at 11:30 a.m., with the men's and women's 500-metre finals starting at 4:30 p.m.



### RINGETTE

At Cole Harbour Place

Nova Scotia, unbeaten at 1-0, faces P.E.I. at



# **TARGET SHOOTING**

At Sackville High School

Team air rifle medal rounds for men and women are at 9 and 11:15 a.m.



# WHEELCHAIR BASKETBALL

At Citadel High School

Nova Scotia, 0-1, guns for its first win against Manitoba at 3 p.m.



# **SQUASH**

At Saint Mary's University

Men's action is at 9 a.m. and 3:30 p.m. Women's goes at noon and 6:30 p.m.



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# **ANNOUNCEMENTS**

### Valentine's Greetings

You know I don't say it much but I am glad I married my best friend Luv u! xo



Happy Valentine's Day David!!! Happy 5th Anniversary babe! xoxoxxoxox Lottsa Love:Connie



# Happy Times!

ne S this one is for you! Love va honey! I am here in our nice cozy bed thinking of you while you are hard at work reading the paper on the night shift! Hope there is a great meal waiting for me when I arrive home from work today cause I like your cooking much better then mine! Love, Sharon S.



Happy Valentine's to my one and only Baby

# Happy Valentines Bebe

To my Pinky, xxo, Lovvee you so much, and think without you my life would be incom-plete! Its been a geat last couple years, and we've got ourself quite the little family! I'm soo excited to see what our future brings! Love you all the money in the world, plus some! -Kisses&Huas-

# HAPPY VALENTINE'S DAY

Happy Valentine's Day to all my FaceBook friends!!!!!!!! Love SQ



Happy Valentines Day Kiley and Ryan. Nana Loves You! Happy Valentine's day to Mommy and Daddy

and to Aunt Mar and Sue today too

# Happy Valentines Day!

To my Lovely Wife Judy Happy Valentine's Day XOXOXOXOXOXOXOX From Kevin

### Valentine's Greetings

### Happy Valentines Day Lovel

Rico, Although we'll still be on opposite sides of the country for Valentines Day, I want you to know that I love you more than anything, and that I feel incredibly lucky to be with you You're brilliant kiddo



# Happy Valentine's Dav

To My Beloved Kids Justin and Shannon With All Your Love, Mommy

### Happy Valentines To My Love

Melissa, Happy Valentines day to my won-derful fiancee. I hope you really enjoy all the thing that we have planned for the day. Although you deserve so much more then what I can ever offer. I am so lucky to have you in my life, I just wish we had been with each other sooner. I love you sooo much for-ever and ever and always baby хохохохо Love your sweetheart chris

### Happy Valentines

We have been together for 5 special years that have meant the world to me and here's to many more as my fiancé and soon to be wife, love you mahogany

# HAPPY VALENTINE'S DAY

Happy Valentine's Day Crystal Love Murray!!!! xoxox



Hunny Bunny
Thanks for watching my beer!! If it was not for that we would never have met!! Happy Valentine's Day "Love you,, xoxoxox Baby



I **love you and miss you!** I can not wait for the day that we are back to gether again. I hope you had a great day and njoyed your presents and flowers that you got from me.



### love you boo Gordie you are my best friend ,my lover ,my everthing, and a great dad to ravenne and I w much we both love you

# I love you Happy Valentines Day

Happy Valentines Day to my husband john. You made me so happy when we got married on Christmas eve.
All my love now and always from Kev.

I love You Sue You laugh with me when I'm happy and hold my hand when i cry. You are one of the kindest people i have ever met and am so thankful to have you as a friend. You are always in my Heart! KJS

## Valentine's Greetings

### I love you Jitterbug

To my Amazing Husband Jitterbug Its only been a few months since we have begun liv ing together and it feels like I have been with you forever. I love falling asleep in your arms and waking up "Good morning beautiful" as you kiss me awake. I dedicate these words to you : I have seen you a million times and every time i c u i fall in love all over again, you give me the sweetest hugs i've ever had you make me smile even when im feelin sad, when i look in your eyes i melt inside you make my heart feel so open n wide, i crave your caressing touch and love being your wife oh sooo much Love your wife Babydoll

### Love u more and more each day

Kelly, This is our first valentine's day as a married couple. I just want to say that there are no words to describe how much I love you. You are such an amazing person and I am so happy to call u my wife. I love you baby :)

Love you honey Alana, sending you all my love this valentine's day, we have a great fam-ily together and I'm looking forward to spending the rest of our lives together. Victor

### Lovee <3

love you always & forever richard<3 happy valentines day ! you complete me, you bring out the best of me & you'll always be my knight in shining armor <3 love you hollie<3

# LUV U LORI J

HOPE THAT THIS IS ONE OF MANY VALEN-TINES THAT WE WILL SPEND TOGETHER. LOVE YOU AND HAPPY VDAY. LUV U ALWAYS GEORGE

# My Beautiful Princess

Drew you are mommy's beautiful princess. You are the best Valentine

# My Cutie Patootie Valentine...

I've wrote, and re-wrote this many times and yet nothing was quite right. How do I describe what you are to me and how you make me feel? There is nothing large enough in this world to compare the depth of my love! There is nothing on earth more joyous to me than knowing you love me too! You're my world, the very breath I take and I thank God daily for bringing you into my life. Now, if you don't give me a big surprise today, you're in BIG trouble! LOL I LOVE YOU! XOXOXOXOX From your Sweetie Pateetiel



# My Found Beloved

was so long ago that i dreamed you thought of me the way i yearned for yours. That sweet smile in the halls of high school, the way you looked at me always had me captured. Yet i didnt act!

Now my love,thank destiny for 16 years later and alittle connection finder,Facebook, and we are toghter for our first valentines. I always new you were the kindest soul,a true spirit i only have the fortune to be in love with at last. Your kindness echoes through many hearts, thank you love for letting me be the focal point of that humanity, I LOVE YOU DEARIY

### Valentine's Greetings



**My Husband My Love** I adore the way you tell me, You are my forever best friend, I love the way I believe in you... And that you will be there till the end. Baby I love you so much, you are my heart and ou are an amazing husband and father.

Lots of love your wifey xoxoxox

My Lovely wife Lynda WhenI check my pocket I find sum coins, I check my purse I find sum rupes, But when I check my heart I found "YOU" & HOW RICH I AM.

HAPPY VELENTINE DAY

## My One and Only

Shane, Your amazing, thank you for always being there for me no matter what. Thank you for being so caring, helpful, understand-ing and patient with me over the years. You mean the world to me and I hope our love lasts forever & always. It sucks you have to be away but it only makes our relationship grow stronger. I Love You with all my heart<3 Happy Valentine's Day Baby Love Alway: Laura (xoxo)

My True Valentines The minute you both took your first breathe, was the moment knew the meaning of true love, Brittany & Brandi you are my life! Love Momma

# My two favorite men

Want to wish a Very Happy Valentines to my two favorite men in my life: My sons. My world would not be the same without you! Love you both so much!

# My Valentine

My dearest Richie it's only been 6 months since you've left this world but to my heart it only feels like yesterday. I love you now like I loved you then, heart and soul to the end. You were my lover, my friend, my everything!

# OUR LOVE

this message goes out to the man I love.
I LOVE YOU WITH ALL MY HEART AND SOUL

- HERE'S A VALENTINES DAY POEM —-CUTENESS
- U --- UNDIVED LOVE
- D—-DEVOTED TO YOU D—-DYNAMICALLY AND FOREVER IN LOVE
- WITH YOU L—- LOVING HEART YOU HAVE E—-EVERYTHING I WANT,NEED, HOPE FOR LOVE U MY LITTLE CUDDLE BEAR.

ou spiced up my life and opened my eyes to a whole new world, the train rides have been a blast and I hope we have lots more. We need to grow the pride a little more and then we will take over the world. love your lady in waiting



Its been a hard week, lots of work and we're not done yet! Much Love to Everyone who works hard

# Valentine's Greetings



To lanet

After so many years of loving you After so many things we've been through Still I couldn't find the reason Tell me why am I so much in love with you



To My Love Jamie, Valentine's Day is a time for love. On this day we are celebrating not only our love but our one and a half year mark together. We met online by chance & it turns out we found a pretty great match. I'm glad I clicked on you that day. I love you baby forever & always Nicole, XOXO Muahs



# To My Monkey

I never knew what true love was until you came into my life. You give me excitement and fun and a few

will miss you when you leave but you will never leave my heart.



you are the best part of my past, the joy of my present & the promise of my future. You are my LOVE.

# To my Sir

I love You more than words can describe. Although not many know just how deep O/our love is and how O/our relationship works, wouldn't change it for the world. I love You and all that You do for me. I can't imagine a day when I don't belong to You. Love, sub-



# To my Smoochcakes

Hi Baber Baber Light Saber. Here's a little song we wrote... Oh my baby, oh my little baby, oh my baby, oh my little baby. We don't need Valentine's Day- it happens with us everyday. Like you said last week, "Why can't Valentine's be everyday?" Can't wait to do some extra special 'snuddling' with you on Saturday night. Love, Your Hunner Buns

### Valentine's Greetings



### To the Love of My Life

love you for the warm, sweet affection in your eyes whenever you look at me, and the special smile you save only for me. I love that you always seek to have your body close to mine, reaching out to touch, to hold my hand, to wrap your arms around me. I love how you show me you care by looking for ways to make my life easier and more comfortable. I love that when I ask you to do things, you try to do them instead of thinking me demanding. I love that your favorite place is near me that you'd rather be with me than anywhere else. I love you for more reasons than this page has space to write, so I'll try to tell you and show you in person all the things I love about you.



To the new team. We're almost there! Woo Hoo! Thanks for all your hard work. Wishing CC, KS, SP and SS, and espceiall GL a very happy Valentines Day

mean the world to me, and I am fortu nate to have you in my life. Your patience and loving kindness is ever lasting: I thank you for that. I love you so very much....Happy Valen-tine's my Valentine. xoxo



# Will You Be Mine?

22 years ago you were in my life and as you say "destiny has found us together once again". Thank you Facebook! I am so glad that you are in my life again and I hope that the next 22 years and more we are still together Be My Valentine KS! Always your girl if you want. Love SP





RW: What an amazing 6 years - here's to 60 more! Love you lots!

# You're the bestest!

Honey Pie, God could not have brought us to gether at a better time in our lives. You are my knight in shining armour and always will be. I love your guts! Your Queen Jelly Bean 13

29

17

33

# Crossword

12

15

20 21

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37 38

47

49

32

1 It's a long story 5 "The Talk" network 8 Make over 12 Demographic of a 14 Still 15 Implode 16 "The — on the Floss" 17 Away from WSW 18 With unfriendli-

ness 20 Beg 23 Writer Vonnegut 24 Iniure

25 Institution of higher learning 28 Use a shovel 29 Impressive forma-

tion 30 Legislation 32 Miner, perhaps

34 Leaning Tower city 35 Ninth Greek letter 36 Thread

37 Asian sultanate 40 Conger, e.g. 41 Ireland

42 Conversation 47 Plankton compo-

48 Framework 49 Antelope's playmate

50 Zodiac sign 51 Without (Fr.)

## Down

1 Pouch 2 Past

3 Solidify 4 Glistenina

5 Manage somehow 6 Ralph Kramden's car-

rier 7 Mirrorlike

8 Distant 9 Satan's specialty 10 "The Farmer in the

11 Having no siblings

13 McNally partner 19 Paris airport

20 Third degree? 21 Nonclerical

22 Therefore 23 "M\*A\*S\*H" locale 25 At a turning point

50 26 Smooth-talking

42 43

48

27 Facility 29 Burn remedy

31 "- and Peace" 33 Straight

34 Airline employees 36 2009 Broadway musical set in Nigeria 37 Abacus component

38 Anger 39 Incite 40 Ticklish Muppet

43 Raw rock 44 Sine — non 45 Coffee vessel

46 Affirmative

10

14

16

34

26

30

➤ Yesterday's answer

45 46

31

19

36

40

18

23

25

Sudoku

6		8			2		9
	2		3	6		4	
4							6
		6	4	9	8		
	1					9	
		7	1	2	5		
8							3
	9		6	5		7	
7		5			9		1

Tuesday

\* Flurries

40%

# How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Today

Yesterday's answer

4°/-12°

Rain and snow

1	7	5	4	7	8	9	3	6	
9	8	2	3		6	4	1	5	
6	3	4	5	9	1	2	8	7	
4	1	8	9	3	5	6	7	2	
2	5	3	7	6	4	8	9	1	
7	9	6	8	1	2	5	4	3	
8	2	1	6	4	3	7	5	9	
3	4	7	2	5	9	1	6	8	
5	6	9	1	8	7	3	2	4	

**Caption contest** 

# Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Corina, Thank you for wishing to be a part of my Life n letting me be a part of yours. You are Amazing. All my Love is yours. LOVE PAUL

Alix, I love so much words can not explain. You are The most special to me in the world and I never want to be one second without you. LOVE SHANE

Ella, Happy Valentine's Day. I love you more and more everyday. You are so clever, sweet, and beautiful. It's a little late, but the Taj Mahal is in the city of Aara. Good luck on today's puzzle. LOVE. YOUR GURL 4EVZ, E.T.

Donald, you are one-of-a-kind. I'm more than grateful to have a man like you in my life! You are my daily dose of sunshine, and will always be! I can't imagine a me, without you, I Love You Babe! LOVE, SHANTELLE

to your smartphone

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# Today's horoscope

# T Aries March 21-April 20

Steer clear of strong emotions today. Others may bare their souls every chance they get but you prefer to keep things private - at least for now.

### ¥ Taurus April 21-May 21 At some point today, you will realize a certain person is no good. What will you do about it? Be brave and tell him or her your association is over. Don't

# worry about hurt feelings yours are more important. II Gemini May 22-June 21

There seems to be a lot of noise and confusion in your world and there will be times today when you wish you could switch off completely. So why don't you? You don't have to start the week at full blast.

# Gancer June 22-July 22

There's no point in answering your critics. If they want to make false accusations, that's up to them. Pretend they don't exist. It will hurt them much more than biting back.

Ω Leo July 23-Aug.23 The Sun's transit of your opposite sign is coming to an end. By the weekend, you will have to decide whether to continue with a relationship or end it. Make that decision with your head rather than your heart.

MP Virgo Aug. 24- Sept. 22 Something will happen that annoys you and a falling out with a friend is possible. Before you go on the warpath, make sure you've got your facts right. It could save apologizing later.

# ← Libra Sept. 23-Oct. 23 It's

now or it's never. Yes, really. Deep down you know that if you don't follow your heart this week you could miss out forever. Identify your passion and focus on it to the exclusion of everything else.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

# M Scorpio Oct. 24-Nov. 22

There's a certain person who rubs you up the wrong way when work together. No matter who he or she is, his or herpresence is having a negative effect. Keep your distance.

# → Sagittarius

Nov. 23-Dec. 21 Someone of whom you are fond is not in the best of moods at the moment. If you are smart, you will stay out of his or her way. Let him or her enjoy the tantrum.

Available on the App Store

# り Capricorn Dec. 22-Jan. 20

There is no reason why you cannot mix business with pleasure today. Just be careful that the pleasure part does not take over. Get obligations out of the way, then reward yourself with a night to remember.

Aquarius Jan. 21-Feb. 18 A positive attitude is a must as the week begins. It will give you the energy and the staying power to see through what you are working on. Self-belief is a must if you intend to win.

H Pisces Feb. 19-March 20 For tune will smile on you this week and people in positions of power will be impressed by the level of energy you bring. But don't run yourself into the around. SALLY BROMPTON

# "It looks like you've seen a ghost" KATHLEEN MOS

You WIN! write it! Write a funny cap

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro.





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# SMART IN MORE WAYS THAN ONE





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